



## CONSULTANCY TERMS OF REFERENCE

### SUPPORTING IMPLEMENTATION OF COGNITIVE AND PSYCHO AFFECTIVE COUNSELLING APPROACHES AMONG ADOLESCENT KEY POPULATIONS

#### **Background**

LVCT Health is a national Kenyan organisation registered as a non-government not-for-profit in 2001. Since inception, LVCT Health has built a unique capacity in implementation of a Research-Policy-Practice model that facilitates generation and utilization of evidence from research and practice to inform national policies, programmes and strengthen health systems for an effective HIV response in Kenya and beyond. Our unique competencies include designing and implementation of programmes reaching a wide range of populations including adolescents and young people with evidence-informed interventions.

The objective of the youth Programme is to ensure that all adolescents and young people are aware of their HIV status and have comprehensive knowledge on HIV, GBV and sexual and reproductive health rights as an empowerment tool to make informed decisions. The program focuses on adolescents and youth sub-populations most at risk of HIV infection who include Adolescent Key populations (Adolescents reporting same sex, adolescents reporting drug use and those reporting sex work or are sexually exploited).

The LVCT Training Institute contributes to building the human resources for health in Kenya and other countries through Diploma and Certificate level courses targeted at community providers and health care workers since 2001. We work closely with the Ministry of health and collaborate with strategic private, public, academic and civil society partners locally and internationally.

LVCT Health is seeking to hire an individual (herein referred to as Consultant) to support the team in implementation of cognitive and psycho affective counselling approaches among Adolescent Key Populations in selected project implementation sites in Kenya which include 2 in Nairobi CBD, 2 in Kisumu/Kisii and 2 in Mombasa.

#### **Justification**

LVCT Health is rolling out an intervention that specifically focuses on adolescent key populations (an underserved and marginalized group of adolescents in Kenya).

This intervention will be a pilot that will be evaluated for potential national scale up or to inform programming for this population at national level. The existing interventions for adolescents do not address the needs for this group.

### **Objectives**

- To develop a cognitive and psycho affective counselling package and training content and schedule to be incorporated in an existing curriculum for training Health Care Providers and Counsellors.
- Train Health Care Providers and Counsellors on cognitive and psycho affective counselling approaches among adolescent key populations
- Be periodically engaged on case to case basis in delivery of cognitive and psycho affective counselling intervention among adolescent key population

### **Scope of the work & Duration**

The consultant will engage adolescents and young people, LVCT Health team, partners and stakeholders and he or she is expected to take a maximum of 30 days. The package will entail the following:

1. Basic cognitive-affective counselling approaches
2. Adolescent-centred counselling/therapy
3. Session ordering and goal setting
4. Dealing with difficult clients
5. Measuring milestones in cognitive-affective counselling approaches

### **Expected Result**

- Cognitive and psycho affective counselling package and training content developed
- Health care providers and Counsellors trained on cognitive and psycho affective counselling approaches for adolescents key populations

### **Methodology**

The Consultant should furnish LVCT Health with an appropriate methodology and delivery plan that they propose to use to develop the package, train health care providers and counsellors and modality of engagement for case-to-case support for Adolescent key populations.

### **Qualification of the Consultant**

- *Education:* Advanced degree in psychology/counselling/Clinical Psychology or equivalent.
- *Experience:* A minimum of 7 years of experience in carrying out similar assignments.
- *Similar assignments:* A detailed list of at least 3 similar assignments carried out recently.
- Demonstrated understanding of adolescents -responsive focus areas in HIV prevention, care and treatment.
- Demonstrated understanding of key policies and documents which focus on adolescents' health issues.

### **Application process**

We invite interested individuals to submit the following application documents:

- Technical proposal outlining how they meet the selection criteria and their understanding of the ToR and methodology
- A proposed activities' schedule/work plan with clear time frame
- Copies of CVs and testimonials
- Financial proposal detailing consultants' itemized fees

Fee for the consultancy will be discussed and agreed upon between the parties.

Persons who meet above requirements and interested in carrying out the assignment, are requested to send soft copy applications clearly labelled (Consultant to support implementation of cognitive and psycho affective counselling approaches among Adolescent Key Populations) to: [recruitment@lvcthealth.org](mailto:recruitment@lvcthealth.org) or in hard copy hand delivered to LVCT Headquarters located off Argwings Kodhek road on or before January 31, 2018